

West Shore Free

I Kings 19:1-18

The Care of God in Waiting

12.6.15

Questions for Discussion/Reflection

1. Have you ever experienced a moment of triumph that was followed by a huge setback? How did you handle it? What was particularly hard about going through this?
2. Which of your physical needs are you prone to neglect when you are struggling with spiritual depression? Why do you think God goes to significant lengths to provide for Elijah's physical needs before addressing Elijah's spiritual condition and mission? How has God provided for your physical needs during seasons of spiritual depression?
3. God gives Elijah a large amount of time and space (40 days and 40 nights) to prepare for their next spiritually renewing encounter and the mission that would follow. How can you create time and space to be similarly prepared for spiritually renewing encounters with God?
4. Why does the Lord rebuke us as part of His care for us? When have you experienced this?
5. When have you felt most alone in life? What did you do in your aloneness that was good? What did you do that was not good?
5. Why is an encounter with the presence of God more renewing than receiving answers to our "why" questions?
6. Why does the removal of a sense of isolation from Elijah's life give him courage to come out of hiding? What situations are you facing in which you need help? Who can you ask to join you in this challenge that will make your load lighter and fill your spirit with courage?

Victory Induced Depression (v. 1-4)

Physical Care for the Sake of Spiritual Renewal (v.5-8)

Rebuke, Complaint, & Care (v. 9-10)

Spiritual Renewal in the Silence of God (v. 11-13)

Spiritual Renewal in the Removal of Isolation (v. 14-18)