

**Lamentations 4** | Trent Thompson

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**What is worth complaining about when we lament?**

- How it is now vs. How it used to be. (1-12)
- How suffering can make us cruel. (3-4, 10)
- A lack of godly leadership. (13-16)

## Questions for Discussion & Reflection

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1. What stood out to you from Lamentations 4?
2. As we've gone through the book of Lamentations have you been surprised by anything about which the author chooses to complain to God?
3. How has your perspective on lament changed as a result of studying this book? Where do you most want to grow in learning to lament?
4. What challenges are you facing currently that call for lament?
5. What challenges do you see facing Christians in our country and around the world right now that we should take to the Lord in lament? Take time with your Life Group to bring these to the Lord together.