

Lamentations 5 | Ryan Keith

General Overview

Critical Questions to Ask

1. Do we see the suffering around us?
2. Do we care that there is suffering?
3. Do we yearn for there to be restoration to what should be?
4. What can we do to bring about restoration?

1. What stood out to you from the text/sermon?
2. Among the 4 critical questions to ask that may lead to lament, which do you most easily gravitate toward? Avoid? Are there other questions you'd add to the list?
3. Is lamenting a perpetual act in one's Christian walk or only in seasons? Why do you say so? Does it always exist in a healthy church among some in the body? Why or why not?
4. Lamentations ends without apparent resolution. What's helpful about this? What's unsettling to you? Why?
5. Spend time praying as a group that God would grow your group's ability to see those suffering, care about those suffering, and yearn for restoration. Allow your prayer time to go where the Holy Spirit leads, as prayer, like lament, isn't always orderly.

Challenge Verse

Each week we want to challenge you to memorize a verse(s) related to the sermon. This week's verse is **Lamentations 5:20-22**:

Why do you forget us forever, why do you forsake us for so many days? Restore us to yourself, O Lord, that we may be restored! Renew our days as of old - unless you have utterly rejected us, and you remain exceedingly angry with us.