

***Love Is Not Resentful*** | Trent Thompson

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What does it mean to not keep a record of wrongs?

Why is this an expression of love unique to Christians?

4 Resolutions to help us love in a way which keeps no record of wrongs:

1. Resolved: Not to meditate on the sins of another believer any longer than necessary to promote holiness and reconciliation in the body of Christ.
2. Resolved: Not to speak about the sin of another believer to others for any purpose other than pursuing reconciliation between believers.
3. Resolved: Not to bring up any past sin to a fellow believer once forgiveness has been asked for and given.
4. Resolved: To ask for forgiveness from other believers as soon as I am aware of any way in which I have sinned against them.

## Questions for Discussion & Reflection

8.6.20 & 8.9.20

1. What stood out to you from the sermon?
2. Have you ever felt someone kept a record of your wrongs? Have you kept a record of someone else's? What was the result?
3. Are you prone to keep thinking about the way others sin against you? If so, why do you think this is the case?
4. Are you prone to talk about the way people sin against you with others? If so, why?
5. Do you find it hard to ask for forgiveness quickly from others? Why or why not?
6. List different ways Christ deals with you when you sin. How do these things inform the way we treat each other when we sin?

## Challenge Verse

**Each week we want to challenge you to memorize 1 verse from our teaching passage. This week's verse is: *Ephesians 4:29***

Let no corrupting talk come out of your mouths, but only such as is good for building up, as fits the occasion, that it may give grace to those who hear.