

Fighting Fear | Trent Thompson

Why is fear a problem?

We can fight against fear by:

1. Fearing God (Matthew 10:26-33)
2. Worshipping God (Phillippians 4:4-7)
3. Making a habit of thinking about the Cross of Jesus (1 Peter 3:14-18)

1. What stood out to you from the Scripture readings and sermon?
2. We said fear is a problem because it is the enemy of God-glorifying faith. How have you seen this to be true in your own life?
3. In this series we will look at 19 weapons we can use against fear from the Bible. Can you think of some examples of weapons we can use to fight fear?
4. What weapons are you good at using? What weapons do you not use very well or often?
5. What do you do when you first begin to feel fear? Is there something you could change about your immediate reaction to being afraid or anxious that would help you fight it more effectively?

Challenge Verse

Each week we want to challenge you to memorize 1 verse from our teaching passage. This week's verse is: *Philippians 4:4-7*

Rejoice in the Lord always; again I will say, rejoice. Let your reasonableness be known to everyone. The Lord is at hand; do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.