

Fighting Fear Part 3 | Trent Thompson

Remember that fear is the enemy of God glorifying faith so we must learn to take up the weapons God offers us to fight against it.

We can fight fear by:

1. Growing in holiness (I Peter 3:14-15)
2. Growing in humility (I Peter 5:6-7)
3. Understanding that fear doesn't accomplish anything useful (Matthew 6:25-27)

Questions for Discussion & Reflection

5.10.20

1. What stood out to you from the sermon?
2. Have you ever thought of growing in holiness as a way to be less fearful? Can you think of a time when making a choice that honored God brought you greater peace?
3. What does it look like practically to cast our anxieties on the Lord?
4. Why do we often prefer trying to control our circumstances rather than trusting God? How can you differentiate between trying to be in control vs. taking action but trusting God?
5. In what traits, skills, and relationships are you most prone to take pride that prevents you from growing in humility?
6. Does hearing your fear doesn't accomplish anything useful encourage or discourage you? Why?
7. Name one weapon we've discussed so far in this series that you are focused on using more effectively this week. How will you do that?

Challenge Verse

Each week we want to challenge you to memorize 1 verse from our teaching passage. This week's verse is: *1 Peter 5:6-7*

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.