

What does it mean to be thankful?

Why should we be thankful?

Past

Present

Future

How do I become a thankful person?

Questions for Reflection/Discussion:

1. If being thankful means to think of God and thank Him in all things, what would others say you are thankful for in your life? Put another way, what/who are actually thankful to God for in life right now by the way you are living?
2. Considering our past as a people, what person, story or event in your life from the past still reminds you to be thankful? As you describe, give thanks to God while doing so.
3. Why are we entitled and often feel that God owes us? How can we help each other be thankful, when we feel entitled?
4. Share a story about a person you are thankful for right now and why. Share about a situation or event recently that you are thankful for and why?
5. In your life group's this week take 1 of these 2 challenges and follow up next week: a) take a day and try to give thanks to every person who helps you in any way by looking them in the eye, thanks them with word or deed, and thanking God for them. What did you learn? Or b) make a list of 100 people/places/things you are thankful for in your life. Share