

Anger, Matthew 5:21-26 | Trent Thompson

- A General Principle: Obeying God is always about what is in our hearts.
- We need to see the consequences of holding on to anger in our hearts.
- We have to go further than just dealing with the anger in our own hearts.

1. What is your immediate reaction to verses 21 and 22? Why?
2. Do you find it hard to believe that anger is as big a problem as murder? Why or why not?
3. How do you differentiate between righteous and unrighteous anger?
4. How have you seen anger harm relationships and harm the Church?
5. What anger are you holding on to right now?
6. Who do you need to seek forgiveness from so that they are not in danger of holding on to anger towards you?

Memory Verse: Matthew 5:21-22

²¹ “You have heard that it was said to those of old, ‘You shall not murder; and whoever murders will be liable to judgment.’ ²² But I say to you that everyone who is angry with his brother will be liable to judgment; whoever insults his brother will be liable to the council; and whoever says, ‘You fool!’ will be liable to the hell of fire.”